



INK

ENGLISH
MAGAZINE

ENE.
2018
21



“EL TIGRE” ROARS AGAIN OR “FALCAO’S COMEBACK”

By **Miguel Goenaga Martínez** (8th semester FIGRI student, The World in English elective)

With “Los Colchoneros” he became the best, and he shone around the world. During the 2012 season he was part of the FIFA XI (the team of players who were the best of the year in each position). Imagine that: the best forward in the world was born in Colombia. “El Tigre” chose another path; he became Colombia’s top scorer and was the star of the 2014 World Cup qualifiers.

He went to A.S. Monaco despite everyone believing that it was the right time for Falcao to sign for a big club. In France, he had the worst experience that a football player could have: on January 22nd of 2014 he left the field with an injury to his left knee. The fear of every Colombian football fan was that Falcao would not be able to make it to the 2014 World Cup in the summer. He couldn’t, and not only that, but the next 2 years were disappointing, even though he went to England, one of the best tournaments in the world and played for one of the best teams in the country. However, injuries didn’t allow Falcao to show his talent because there was a lot of pressure coming from his environment. Even the Colombian Journalist Ivan Mejia called him an “ex-football player.” With this total lack of respect, these were tough times for Falcao.

Back in Monaco in 2016, “El Tigre” had time to recover and shone again. He won Ligue 1 and reached the semi-finals of the UEFA Champions League. The current season is no different; he is the top scorer and the MVP of August in the French League. He hasn’t been a regular in the national team since his injury in 2014, but in 2017 as a result of his effort, his discipline, and his desire to never give up, he has made a magnificent comeback, and we can see the joy on his face of returning to glory when he scored the equalizer against Brazil. Falcao teaches us that dreams come true with hard work and discipline. Falcao deserves to play in the World Cup, and the World Cup deserves to have Falcao for the joy of everyone who admires heroes like him who make football the most beautiful sport.

It seems like yesterday when I was a child and everyone on the sports news started to talk about a kid who played for River Plate in Argentina and at less than 20 years old amazed the world: every European Team wanted him. This kid was Radamel Falcao Garcia. He amazed River Plate fans with his goals until 2009, when good news came.

The summer of 2009 brought Falcao, the Colombian promise, a 23-year-old kid, the opportunity to achieve what every kid who dreams about being a football player wanted: to play in Europe. Thousands of children dream about it but only a few achieve it. The city of Porto was his destiny, and with FC Porto, he won everything. He played and left the club as an idol. Madrid was his next city. Falcao arrived like a star and Diego “El Cholo” Simeone (manager of “Atletico de Madrid”) received him with open arms.

Hello!

Thank you for joining us for issue 21 of Ink, Externado University's English-language magazine! We hope you enjoy the articles we've collected for you this time. Many thanks to all our contributors for taking part! It's always great to have a variety of articles from students of different levels and faculties. If you'd like to send an article for the next issue, then please ask your English teacher or send us an email. We also have many other articles on our Ink Magazine blog:

inkenglishmagazine.blogspot.com.co

Enjoy!

Phil Stoneman
Ink coordinator
figri.idiomas@uexternado.edu.co

Editorial team

Phil Stoneman, Tristan Quigley, Oscar Franco & John Gonzalez

Contributors come from a variety of different faculties and English levels:

Duly Albarracín, David Bobadilla, Laura Daniela Cortés, Valentina Escárraga, Miguel Goenaga Martínez, Geraldine Gómez, Mafe Mendoza Ramírez, Valentina Moreno López, Natalia Neira Meléndez, Natalia Rodríguez, Carolina Rojas Terranova, Kenet Sebastián Segura Murillo, Sofía Rojas Segura, Laura Evelyn Suárez Ramírez.

The idea of Ink is to display pieces of writing, in English, by members of the Externado community. As we try to maintain authors' originality as far as possible, you may find some minor mistakes in the articles. The views expressed do not necessarily reflect those of the Externado University.

By **Sofía Rojas Segura** (2nd semester FIGRI student, level 6 English)

Many people complain about not being able to achieve their goals and what they want in life, and keep saying that this is the reason why they aren't happy. But the truth is that believing in yourself, your powers and abilities is important: in fact, what you think is what really matters. The strength of the mind is the key to being successful and living an enjoyable life: if you use it well, everything is possible.

Firstly, "self-confidence" is the starting point. Some people are born with it, some must work hard for it, and others do not know how to get it. Indeed, being confident isn't easy, and to achieve it, it's necessary to surround yourself with friends, trust, positivism, love and patience. For example, the main reason why people fail in job interviews is that they don't believe in themselves or don't believe that they have the skills and qualities needed for it. According to Charlie Chaplin, "you have to believe in yourself. Without absolute confidence in yourself, you are doomed to failure." People who believe in themselves are mostly successful, like the presidents of big companies, singers, the founders



The Power of your Mind

of new businesses, and so on. This type of person tries to avoid thinking bad things about themselves because those thoughts damage their self-confidence, and consequently the way to achieve their goals.

Secondly, as I said before, thoughts make powerful changes in how the world works. It is important to know what you want in life and in that way, no negative thoughts or doubts should cross your mind. For example, haven't you thought since you woke up that it was going to be a bad hair day, and that was how it was? Well, the thoughts that you often think tend to come true. According to scientific studies, the basic building blocks of our Universe are either particles or waves. Each scientist obtained different results whenever the experiment was performed, and it was discovered that those fundamental building blocks became waves or particles depending on the expectations of the scientist doing the experiment. Needless to say, if you want to achieve your goals positively, you need to be full of positive expectations and thoughts.

Thirdly, affirmations are another useful mental tool for achieving success. What someone affirms becomes part of their subconscious mind, and consequently affects

their behaviour and actions. The subconscious is an extraordinary thing, and it surrounds affirmations and visualisations of you achieving your goals. For example, the actor Jim Carrey said in an interview that in the early 1990s he was an unknown actor struggling to get by, so to stay motivated, he wrote himself a cheque for ten million dollars for "acting services rendered", dating it for 1994. Then he put the cheque into his wallet as daily inspiration. Amazingly, he earned ten million dollars in 1994 for his role in "Dumb and Dumber". This means that the affirmations you have in your brain produce actions in the future. So, if you think and act like something is going to happen, sooner or later, you will achieve your goal.

In conclusion, there are some steps you must follow to use the power of your mind well and achieve your goals in life. Everything starts with the construction of good self-confidence, and the next step is to only have positive thoughts about your life. Finally, the last step is to train your mind. Act every day as if you have achieved your goal, and avoid negative thoughts, even if you are going through a hard time. Just remember that you are capable of getting whatever you want with the power of your mind.

The 80s: the greatest decade of all time



By **Natalia Rodríguez** (2nd semester FIGRI student, level 4 English)

Striking colors, tangled hair and a lot of rock and roll were some of the trends that characterized the eighties. Also, it was a time of many changes in music, cinema and the fashion world.

In 1985, one of the best bands ever appeared to revolutionize the music world: "Guns 'N' Roses," they were called. Their album "Appetite for Destruction" sold more than 33 million records and that showed their success as a rock band. Similar to Guns 'N' Roses, a lot of bands and singers started their careers in the eighties. Some of the most famous were Michael Jackson, Prince, Queen, Aerosmith, Van Halen and Bon Jovi. In Latin America, rock/pop was the most popular style of music but various orchestras also took part in festivities like Los Hispanos, Los Graduados, Los Ocho de Colombia among others.

In the fashion industry there were quite a few changes too. Madonna and Cyndi Lauper were some of the most famous singers that influenced the fashion world with their clothing and their look. For example, in Cyndi Lauper's musical video "Girls Just Want to Have Fun", she wore a colorful dress and so many

accessories, and immediately women began to imitate this trend by buying similar dresses, which was called a "balloon fashion". The same thing happened with men who wore black jackets and used to apply too much gel in their hair, a style from the film "Grease" which debuted in the late 1970s.

During the eighties, the big screen underwent a radical transformation with the advent of such important films that would mark a before and an after in the history of cinema. Some of them were Star Wars: The Empire Strikes Back, E.T., Indiana Jones, Rambo, Karate Kid, Terminator, Batman and of course the classic horror film The Shining directed by Stanley Kubrick.

Although the 80s was amazing, for Colombia it was very hard time because unfortunately some tragic events occurred like the takeover of the Palace of Justice by members of the M19 in 1985, the Armero tragedy during the same year and the murder of Luis Carlos Galán in 1989. However, these fatal events couldn't stop the spirit of the eighties in Colombia. In fact, during the 80s in Colombia "Coca Colas" were very common. These were wonderful parties where teenagers danced and sang all night with scofflaw hairdos, glowing dresses, black jackets and just a big screen to look at the sky.

By **Valentina Escárraga** (4th semester FIGRI student, level 4 English)

In recent years, we have seen an increase of awareness about the environment. For this reason, many non-profit organizations have been created that seek to improve this situation.

There are even already some careers related to ecology, and there are more people who prefer recycled products and seek to buy items with the least amount of pollutants. Recycling is more and more received both by young people and by adults.

So, let's look at some advice to be more careful and to protect the environment:

1. Take advantage of natural light. With some changes to your schedule, this will help you to use less energy.

2. Save more water! Things like washing the car with a bucket of water instead of using a hose will help us to reduce this consumption.
3. Disconnect your electrical devices when you are not using them. This will help by not consuming any electricity at all.
4. Choose batteries that are recharged by solar power.
5. Try to avoid using your car. Traveling by bicycle or public transport instead of the car will turn you into a healthier person and you create less pollution.
6. Choose paper bags or fabric ones when you go shopping. The regular plastic ones create a lot of pollution, since they take more time to decompose.

7. Plant trees, perhaps in your garden, or in some park or reforested area. That helps to improve the city's air also helps our lungs.
8. Organic waste can be useful. You can help plants by burying this on the soil instead of throwing it into the garbage.
9. Use natural products on the plants instead of pesticides. This is a much more organic way to grow your plants.



Ways of taking care of the environment



By **Natalia Neira Meléndez** (8th semester FIGRI student, The World in English elective)

Throughout history, humanity has sought to improve its way of communicating. The first communities developed diverse methods that evolved over time until they became large populations' official languages. That was the origin of countless languages and dialects all over the world. Over the years, the interaction between different languages' populations caused a need that extended across territories: a "common language." With the rise of great empires, some languages took that role.

Many events have allowed English to place itself as a world reference language; the expansion of the British Empire was one of the first events that helped English become really important in the world. Another is connected with the United States and the decades after World War II. Since the end of the war, the American country played an essential role in the reconstruction of Western Europe, but it was not only about bricks and cement: that reconstruction went further, reaching cultural levels in each nation. In a short time, not only European countries but a large number of states around the

world accepted the increasing American influence in many fields. From business to films, TV, music, and many other areas, American content became more popular over time, which generated a new way to understand the world.

Another factor that was critical in strengthening English as the universal language is related with significant advances in global communications. If English was becoming very popular before the arrival of the internet and the influential development of computing science, these advances allowed people from every corner of the world to obtain content in this language with an ease and a speed never seen before, due to the increasing popularity of electronic devices in international markets.

At present, it is possible to see the dominance of the English language in many fields at a global level. For example, a very important part of the financial sector's biographical information is in English. In addition, most worldwide financial operations are mainly carried out in English. Another case is related to technology, especially with software development. Most parts of programming languages are based on English and most parts of computing field advances are produced in English-speaking countries or are

ENGLISH AS A GLOBAL LANGUAGE

published in that language with the goal of reaching a larger public.

In conclusion, given the ease of communication currently available and, given that a large number of fields of study worldwide are based on English, that language is still showing that it is the "global language" and the language that humanity has been seeking since its beginnings.

NORMALIZING DISCRIMINATION AGAINST LEFT-HANDED PEOPLE: AN AWFUL TRUTH



By **Laura Daniela Cortés** (8th semester FIGRI student, The World in English elective)

According to experts, the word "left" is associated with bad things in many languages: the Anglo-Saxon "lyft" means broken, the German "linkisch" translates to awkward, the Russian "levja" is related to untrustworthiness, and some synonyms for the Mandarin word are incorrect, wrong, and weird. In addition, scientific studies have revealed that lefties have worse performance at school and have a bigger risk of suffering from mental problems, breast cancer and sleep problems.

Despite all these awful statements, the most iconic personalities of all time are left-handed and have specialized in different fields. Musicians such as Paul McCartney, politicians such as Barack Obama, scientists such as Marie Curie, sports people like Pelé and artists such as Leonardo da Vinci are some of the greatest, smartest and most talented people of all time.

However, we are still a considerable minority since we only represent 10% of the world's population, which means people, in general, do not even notice how we are being discriminated against. Sadly, we live in a world almost full of right-handed people that invent stuff designed for the right-

handed. No, I am not talking about unusual and uncommon tools. I am referring to stuff we use on a daily basis. Stuff like scissors, can openers, pens, spiral notebooks, keyboards, and more.

Even though we have managed to adapt to this world, this is not the way things should be. Discrimination is a silent disease and nobody cares about it. How is it possible that scissors for lefties cost 5 dollars more than "normal" scissors? How is it possible that when I go to class some classrooms do not even have a desk for me?

Once, I was reading some random facts on the Internet and I found that a man was turned down from a job at an ice cream shop because ice cream scoops were designed for right-handed people. Unbelievable. Moreover, I was checking some twitter account called "RightsInfo" and they were doing a survey of the ways left-handed people are being discriminated against but some people were not even aware that "left-handed discrimination" was a thing.

Am I being too dramatic? Maybe, but I do not think so. Just because I do not get my hand tied up like they used to do with my grandmother, does not mean I should ignore that in India or China those kinds of things are still happening. We just cannot allow this anymore.

Destroyed Muisca heritage

By **Valentina Moreno López** (2nd semester Economics student, level 4 student)

Facatativá is one of the towns of Cundinamarca with the most indigenous heritage but the most important place is without doubt the "Stones of the Tunjo". This is an archaeological park located in the centre of the town and is full of inscriptions of the Chibcha community that previously inhabited this place.

There are some legends about the name of the park but the most common is that of the priest who sold his soul to the devil.

According to the legend, when the priests were building the church of San Francisco de Quito they lacked a lot of stones to finish the building. So one of the priests decided to invoke the devil to ask for help and the devil agreed to bring the stones in exchange for the soul of the priest. The devil began to look for the stones and finally found them in Tunja and with the help of his army began to move the stones at night so that people wouldn't be astonished to see flying stones. Halfway there, he stopped at Facatativá to rest and learned that the priest had changed his mind about the deal. The devil was so angry that he ordered his army to leave the stones there.

Then the Muisca came to town and the stones were the place where they lived.



The "Stones of the Tunjo" has been one of the greatest prides of the townsfolk since the 1930s when it was declared a cultural heritage site. From that moment, it has been an object of study of this ancient civilisation and a place to discover a little more about their culture.

Also, it is the only archaeological park located in an urban center, but people don't take care of it. In recent years, this family meeting place has suffered a lot of damage thanks to the lack of care of the people who visit it.

Many families go to the park and have barbeques in the centre of it, and this smoke damages the surface of the rocks. In addition, the Chibcha inscriptions are covered with a layer of graffiti hearts with the names of lovers who think that it is very romantic to damage these historical engravings.

As if it wasn't enough, the pond that is at the entrance of the park has received the dirty water from the neighborhood that is right next to it for many years.

But solving all these problems would be a huge expense that none of the administrations so far have wanted to assume. However, in my opinion this park is a treasure that we should all take care of.

So if you still don't know this extraordinary place, I invite you to visit Facatativá and above all to admire the drawings of the stones without damaging them or polluting the environment.



Bungee jumping: an unforgettable experience

By **Geraldine Gómez** (2nd semester Social Communication, level 4 English student)

Bungee jumping is an activity that involves jumping from a tall structure while connected to a long elastic cord. The tall structure is usually a fixed object, such as a building, bridge or crane; but it is also possible to jump from a movable object, such as a hot air balloon or helicopter.

Nevertheless, this is an activity that can be very risky depending on the place where you do it, so you must be responsible and know how to do it, taking into account that you need to be safe and have the right training.

In 2015 my family and I had the opportunity to have this great experience of an extreme sport in a small town called San Gil, Santander, which is a well-known place for these activities.

I remember that I felt really nervous and at the

same time excited because since I was a little girl I've been afraid of heights and I wanted to overcome one of my greatest fears.

When I was ready to jump, the instructor placed onto me bungee equipment. We went up to the crane approximately 70 meters high: there was no turning back!

When we were up there, it was time to jump. I looked down and the instructor screamed 3-2-1 bungee! And finally I jumped! It was one of the best sensations of my life. I felt an emptiness in my stomach and so much adrenaline, then I decided to just enjoy it.

During the jump the elastic cord that holds the person moves up and down and goes in different directions. During that time the best way to enjoy this, is to open your arms, relax and let the body just fly.

After the body passes through a feeling of emptiness, finally it comes to rest and that is when the instructor proceeds to lower the person.

Definitely extreme sports help us to break through many of the fears that we've had since our childhood. They make us change our routines, try new things and have a great experience with our friends or family.

Undoubtedly it is something that I would repeat over and over again. These are small things that you need to enjoy and have extraordinary moments in your life.



How should military service be managed nowadays?

By **Mafe Mendoza Ramirez** (2nd semester FIGRI student, level 6 English)

Military service has been, historically, a requirement for men of legal age. It is a service that men give to the state, being soldiers during a certain period of time. In most of the world's countries, such as the United States or France, it is voluntary, but in other countries like Austria, it is obligatory. In Colombia it is obligatory too, from the moment a man reaches legal age: 18 years old. However, there are many ways to avoid doing it: paying, proving you are studying, graduating from a military school, etc. We should recognise though that the 21st century is not a time of war anymore; what it is, is a time of selfishness. That is why military service should be replaced by social service and be obligatory for everyone: both men and women.

First of all, it is important to recognise that the Colombian internal conflict is greatly reduced, because of the successful agreement with the FARC and the future one with ELN (the two most important guerrilla groups in the country). As a result, the amount of soldiers we need is less now, while the amount of volunteers we need for reintegration and for the reparation of victims is much more. We do not need people for war anymore: we need to help our bleeding country to heal.

With this in mind, it is time to re-educate our nation to be more peaceful and encompassing, and less violent. When we force men to be soldiers, we promote a strict, inflexible and rough lifestyle, and we teach them to be macho and insensitive.

Besides, sending just men to the war gives the social message that women are weaker and not able to do these public services. Not teaching people this sort of thing is a good way to get people out of the culture of hate and get them into a culture of awareness. Social service makes people more sensitive and merciful, which is what we need right now.

In conclusion, military service is obsolete. It is not an option anymore for our country, and instead, we need a social service, which is equal for both men and women, and productive for our nation in this time of peace. Social service means helping needy people, giving women equality, and advancing to a new Colombia.



Nowadays, there are a lot of films based on comics, for example the well-known movie Captain America: Civil War. In this film, Iron Man and Captain America face each other because of a disagreement in ideologies after some disastrous events. This is represented by a global discontent generated towards the team because of the damage caused in Johannesburg, South Africa. This resulted in a division within the Avengers team, which was divided into two. The first team was made up by Iron Man, Vision, Spider-Man, Black Widow and War Machine. The other team has Captain America, Hawkeye, Falcon, Scarlet Witch, Ant-Man and the Winter Soldier.

This film is based on the Marvel crossover "Civil War," where a disaster occurs when a group of young super heroes called the New Warriors battle against Nitro and this causes an explosion where a lot of innocent people die. This incident makes the United States government create the Super Human Registration Act, which means that every superhuman has to reveal his or her identity to the government and can be tracked wherever they are. A lot of superheroes disagree with this act, which is why Captain America creates a team to fight against the superheroes who agree with it, such as Iron Man.

One of the biggest differences between the film and the original comic is the amount of superheroes that are involved in this conflict. The most notorious difference is the appearance of the Fantastic Four and the X-Men and in the movie the only mutant that appears is Scarlet Witch, who is not a mutant in the Marvel Cinematic Universe. Another significant difference is that Iron Man also recruits a group of supervillains who used for the purpose of capturing the renegade heroes.

Both the comic and the movie are critically acclaimed by the fans of the comics as much as by the fans of the movies. For me, the comic is better than the movie, because in the comic we can see more heroes, such as Wolverine, Daredevil and She-Hulk. Also, the plot is a lot better since the battles are more intense and the outcome is very different. In the comic, Captain America surrenders after seeing how the people of New York react to all the damage he has caused. But the movie is not bad at all because the movie also has a great plot, which shows the great battle in the airport, and the final battle between Captain America and Iron Man after a tough secret is revealed.

In this case the movie is almost as good as the comic, but this always depends on the studio that develops it and the story that the writers try to capture.

What's better: comics or movies based on comics?

By **Laura Evelyn Suárez Ramirez** (4th semester Public Accounting student, Level 4 English)

By **Duly Albarracín** (6th semester FIGRI student)
(Article originally published on the Libre Pensador blog: librepensador.uexternado.edu.co)
Imagen: Office of the President of the United States

Donald Trump has tried to take a harmonic approach to United States diplomacy, staying true to his ideals and giving little in negotiations. It's true that the decisions taken regarding migration haven't left a good impression in other countries, and this has been reflected in the meetings that Trump has had with representatives of the United States' allies. Besides, the way that diplomacy has been handled with the US' main counterweight, China, risks putting an end to a potentially prudent friendly relationship between the two countries.

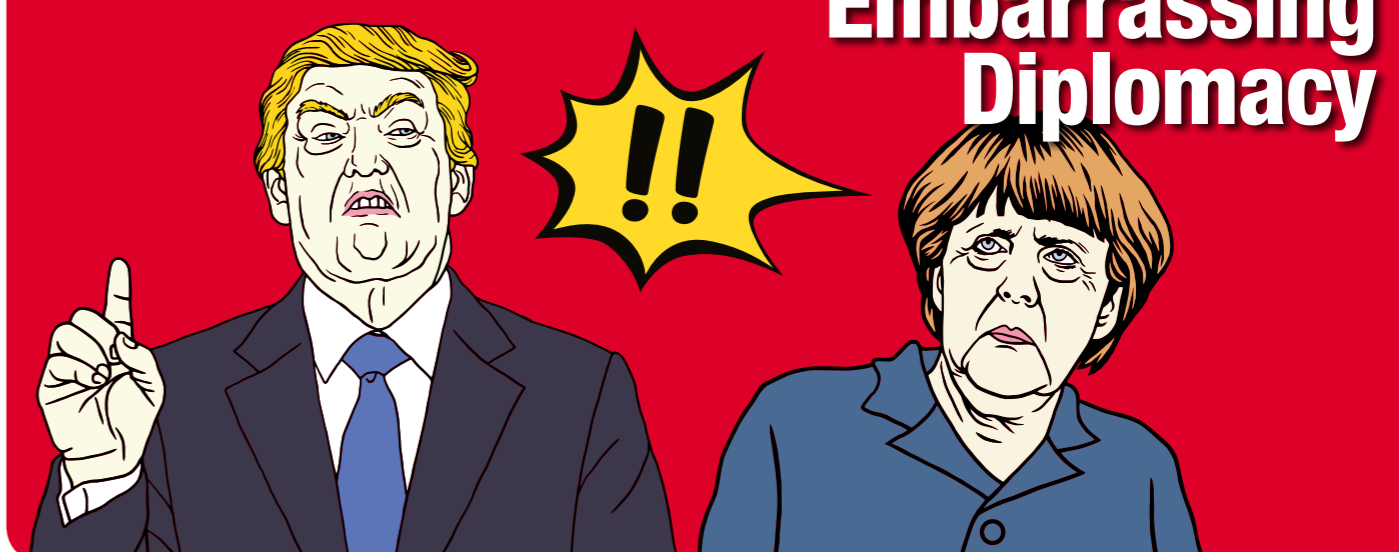
"Friendly" visits

On the 17th of March 2017, the president of the US, Donald Trump, met with the German Chancellor Angela Merkel. This meeting, even if described as fruitful by its participants, was reported by the media as "uncomfortable". It looked like the two heads of state were miles apart from each other. And it's not without reason. The German chancellor has declared herself to be in opposition to the migration bans that Trump has announced, and tension has also been increased by the direct criticism of Germany for its economic participation in NATO. Meanwhile, Trump has criticised Germany's refugee policies, describing them as a "catastrophic mistake". Despite this, the two leaders tried to remain as powerful leaders of global liberal thought, keeping the discussions and agreements to topics such as industry and free trade.

However, there seems to have been a general feeling of implicit rejection from the US' main allies, like Canada and the UK. On the 13th of February 2017, Justin Trudeau, the Canadian Prime Minister, and Donald Trump met in Washington D.C., which was another uncomfortable encounter where the handshake was also conspicuous by its near absence. Why the atmosphere of this encounter was like this is still unknown, given that these are two allies with important economic and frontier ties.

The same thing happened with the UK. British citizens rejected Trump's future state visit to the Anglo-Saxon state, putting the British government between a rock and a hard place due to this rejection of one of its main allies.

Why do the US' relations with other countries have these two sides? One explanation could be that Trump is putting to one side the promotion of liberal values which characterise the US and which stabilise its links with other countries. Merkel is walking on quicksand by trying to maintain optimal relations with Trump despite his opposition to the reception of refugees. This has given Merkel such a good image in her country and in the European Union, for receiving the largest amount of refugees, and softening the migratory crisis which is affecting the continent. If she starts to sympathise with Trump more than is necessary, her political future will be uncertain.



Trump's Embarrassing Diplomacy

The same is true with Trudeau. This head of state appears as subtly defiant, and this can be seen in the welcome to refugees that he expressed via Twitter following Trump's first migration ban. Trudeau must play his cards skilfully if he doesn't wish to lose his main commercial partner without disappointing his followers. After all, the defence of liberal and progressive values is what characterises the Canadian prime minister.

Along with rejecting Trump's possible visit, the British also reject his migration ban, which forces the British government to speak out. For this reason, the UK government has adopted a critical diplomatic position which appeals to sovereignty but which leaves it clear that it doesn't share the US leader's position. The pressure on the government is greater, taking into account that it hasn't been in office for long, and it faces the challenge of stabilising the country with Brexit on the horizon.

Once again, it turns out to be complex to maintain relations with the US without having to adopt a "hypocritical" position to neither cause problems for liberalism nor the alliance that relations with this country represents.

And what about the "not such good friends"?

If it has been difficult for the US' allies to maintain diplomacy with Trump, this is even more complicated for its competitors, such as China, for example.

Relations with China have taken on various tones during Donald Trump's campaign. At first, Trump lunged at the Chinese, who he accused of "stealing jobs from American citizens". Trump's government initially stood firm in supporting the One China policy, which recognises just one Chinese Government. This support changed later, after the disagreement and complaint of the Chinese government following Trump's communication with his Taiwanese counterpart. More recently, Trump appears to have supported the policy, which can be explained by the improved handling of diplomacy with China. This then recognises the relevance which the question of Taiwan deserves.

We can see, then, that diplomacy isn't Trump's strength, but that it is even more difficult if his politics depend on the traditional pillars of foreign policy: support of security, development, and leadership in multilateral organisations. All of these, being liberal characteristics, can become a source of discord between the US and its allies, and this in turn will contribute even more to the American giant's harmful isolation project.

Donald Trump needs to better shuffle his diplomatic cards if he wants to stay within the game of power. If not, others will take over the game, or, even worse, change the rules.

By **Kenet Sebastián Segura Murillo** (1st semester Social Communication student, level 3 English)

Today, we have the opportunity to see, through television channels, radio stations, and even newspapers, everything related to sports. Everything that has to do with the sports scene is present in our lives and we are all involved in some physical activity related to sports.

But there are other types of sports that most people do not know about. Since the emergence of new technologies and the internet, our lives have had a constant change that we continue to see today. We must bear in mind that social networks are not the only thing that has revolutionized the lives of social beings.

Since the development of video games, in the second half of the twentieth century, we have seen a lot of titles that have marked the lives of recent generations. It should be noted that although the impact of video games has been very big, it has never been taken seriously as a real sport or much less as a way of life. But thanks to the development of technology related to the world of video games, a new kind of sports has been born.

E-sports is the name of these new competitive digital sports. Thanks to the evolution of technological products, sports alternatives have increased substantially, so we now have e-sports world championships, just like the football World Cup or the Superbowl.

Games like League of Legends, Dota or World of Warcraft are the most important games in a competitive context, and the impact of this phenomenon is so big. In the case of League of Legends, perhaps the most popular e-sports game, in 2015 it had more than 35 million people watching the world championship. That year, only the Superbowl could surpass this number.

The truth is that e-sports are one of the most important sports industries in terms of content development. It is clear that new technologies are present in all aspects of life. The future is in our hands and evolves constantly.

“Any sufficiently advanced technology is indistinguishable from magic.”

-Arthur C. Clarke



The future of sports: the technology in our hands

Nowadays in our families, kids of different ages only want to play familiar sports like soccer, basketball or skating. Children's behaviour is based on the action of their parents, who normally teach them these sports. This is usually because they don't know other sports, so many children don't have the opportunity to try new sports such as lacrosse, rugby or ultimate.

Lacrosse has its roots in the cultural traditions of the Native American Iroquis people, who inhabited what is now New York, Pennsylvania, and other parts of the North-Eastern US. The game is played between two teams and each player uses a long-handled stick to carry the ball (called cradling), as well as pass and catch it in order to score by shooting the ball into the opponent's goal.

New sports should have more opportunity than classic ones. But normally people think it is better to play soccer, basketball or skating because Colombian culture shows that these are traditional in our society. Children who try new sports have more opportunities to succeed or stand out. As the number of people who play it is less, it is easier to be noticed and, for example, be selected to travel to different countries to play. In the case of lacrosse, the Colombian national team has participated in three world cups: Colorado 2014, Scotland 2015 and London 2017. Another benefit is that children can explore a new culture, for example when the Colombian national team went to those events.

Therefore, it is now easier to play a new sport because you don't need any additional special skills to start playing; you only need the same abilities that you have already learnt from more traditional sports. For example, in basketball you learnt the defender position and the correct movement of the feet, and in soccer you learnt how to run longer distances and shoot at the other team's goal.

To sum up, there are numerous advantages to practicing Lacrosse. The main idea of this sport is to meet different people and cultures and start a new adventure by learning new rules and starting to use new sports equipment, like a stick, gloves and a mouth guard. Besides, it gives people opportunities, and lets them learn different plays and try out new skills, like making a fast spread, doing a good cradle, and learn a new pick up. Everyone should give it a try!



The New Sport "Lacrosse"

By **Carolina Rojas Terranova** (5th semester Social Communication student, level 6 English)

Visit our website:

www.uexternado.edu.co/englishlink

Also, join us on Facebook by searching for "Externado English", and follow us on Twitter: @UExtEnglish

Mayor información

